

[2025]

THE PROOF IS IN THE BUDDING

HER STORY HIS GLORY

AN OPPORTUNITY TO
REFLECT, SHARE, AND
PASS DOWN FAITH-
FILLED WISDOM



Her Story **HIS GLORY**

Women are designed for connection. Whether you have children of your own or you've poured into the lives of others in different ways, your story, wisdom, and faith journey have the power to shape future generations of strong, Christ-centered women.

This journal is an invitation—to reflect, to share, and to pass down the lessons, prayers, and testimonies that have strengthened your walk with God. It can be used as a personal keepsake, where you write your own journey to gift to a daughter, granddaughter, or a young woman in your life. Or, it can be a space for the women who have impacted you to fill in their story, so you can carry their wisdom forward.

As you explore these pages, may you be reminded that the greatest legacy we leave is not in wealth or accomplishments but in the faith we cultivate and the truth we pass down. Through honesty, integrity, and humility, we grow together—rooted in Christ and bearing fruit for His glory. May this journal be a sacred space for connection, reflection, and testimony. Your story matters. Your faith leaves a legacy. Let's walk in that truth together.

HER WORDS HIS WISDOM

Proverbs 31:26
"She speaks with wisdom and
faithful instruction on her tongue."

How did you get to know Christ & what was your journey like?

Is there a specific moment in your walk that you felt strengthened your faith?

What has been the most challenging season in your walk? How did God carry you through it?

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What is your favorite Bible verse and how does it resonate with you?

Have you experienced a moment when you felt God answered a prayer in an unexpected way?

How do you trust God when things feel uncertain or don't go as planned?

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What is one life lesson you've learned through your faith that you wish you had known earlier?

What does being a good steward look like to you and how do you practice it daily?

Can you share a time when you had to lean fully on God's timing rather than your own?

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How do you balance humility with confidence in who God Created you to be?

What advice would you give about building a strong foundation of faith in marriage or family?

How has your understanding of God's blessings changed over time?

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What are some habits or disciplines that have helped you grow closer to Christ?

What would you tell your younger self about faith, grace, and God's love?

How have you shared your faith with others? What advice would you give for witnessing?

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What is one way you've seen God use you to impact the life of others?

How do you intentionally pour into the next generation?

What does mentorship mean to you and how has it shaped your walk with Christ?

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Who are the women in your life you admire most, what qualities do they have?

How do you encourage someone who feels lost or unsure in their faith?

What advice would you give for resolving conflicts in a Christlike manner?

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What does leaving a legacy of faith mean for you and how do you live it out?

How do you see God’s fingerprints in the everyday moments of life?

If someone were to describe you as a “Proverbs 31 woman” what would be the first quality they see in you?

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What is the best piece of advice about faith you've received?

How do you nurture your own soul while pouring into others?

What does bearing good fruit mean to you, and how have you seen that fruit in your life?

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What are some ways you've seen God transform your life?

How do you approach big decisions with God's guidance?

What does worship look like for you, how does it impact your heart?

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What advice would you give to someone who feels like they have fallen away from God?

How do you find joy in the waiting seasons of life?

What lessons about love and respect have you learned through your faith?

HER WORDS HIS WISDOM

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How do you show Christlike love to people who may not share your faith?

What advice would you give for building strong relationships rooted in faith?

What does "iron sharpens iron" mean to you and how can you practice it with others?

HER WORDS HIS WISDOM

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What is one piece of wisdom you want to pass down to the next generation?

If you could share one lesson about God's faithfulness, what would it be?

What is one thing you want to be remembered for in your walk with Christ?

THE PROOF IS IN THE BUDDING
[SECTION 02]

WOMEN IN THE BIBLE-THEIR FAITH AND STRENGTH



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Ruth – The Power of Loyalty

Ruth was a Moabite woman who chose unwavering loyalty to her mother-in-law, Naomi. After losing her husband, she could have returned to her own people, but instead, she clung to Naomi and followed her to Bethlehem, trusting in God's provision. Her faithfulness was honored, and she became part of the lineage of Jesus.

- Reflect on a time you showed unwavering loyalty to someone, like Ruth to Naomi. How did that moment deepen your faith?

Deborah – Leadership in Faith

Deborah was a prophetess and judge over Israel, leading with wisdom and strength. She courageously instructed Barak to go into battle, reminding him that the Lord had already given victory. Deborah's leadership was not defined by societal norms but by God's calling.

- How can you step into a leadership role in your life or community like Deborah did? What fears hold you back?

Mary – Surrendering to God's Plan

Mary, the mother of Jesus, displayed remarkable trust when the angel Gabriel told her she would give birth to the Messiah. Despite the unknowns, she humbly accepted God's plan, saying, "Let it be to me according to your word" (Luke 1:38)

- What area of your life do you need to surrender fully to God's plan?

Hannah – Praying with a Trusting Heart

Hannah desperately desired a child and poured out her heart in prayer at the temple. She promised God that if He gave her a son, she would dedicate him to the Lord. God answered her prayer, and she kept her vow, giving Samuel to serve in the temple.

- Write your own heartfelt prayer for something you're longing for.

Reflect:
Each of these women played a crucial role in God's plan. Their faith, strength, and perseverance left lasting legacies. Use these pages to reflect on their stories and how their experiences apply to your own journey.

WOMEN IN THE BIBLE- THEIR FAITH & STRENGTH

Martha and Mary – Balancing Service and Worship

Martha and Mary welcomed Jesus into their home, but they responded differently. Martha was distracted with serving, while Mary sat at Jesus' feet and listened. Jesus reminded Martha that Mary had chosen the better portion by prioritizing His presence.

- Which role do you find yourself in most often, and how can you find balance between service and sitting in God's presence?

The Woman at the Well – Receiving Living Water

The Samaritan woman at the well encountered Jesus, who knew her past yet offered her living water—eternal life. She went from being an outcast to a witness, boldly telling others about Jesus.

- What areas of your life need refreshing? How can you turn to Jesus for fulfillment?

Rahab – A Story of Redemption

Rahab, a Canaanite woman, hid Israelite spies and trusted that God would deliver her and her family. Because of her faith, she was not only spared but became part of Jesus' lineage. Her story reminds us that God redeems even the most unlikely people.

- How have you seen God redeem difficult situations in your life or others'?

Sarah – Waiting on God's Timing

Sarah waited years for God's promise of a son. Though she doubted at times, God remained faithful and gave her Isaac in her old age. Her story teaches us patience and trust in God's perfect timing.

- How do you handle waiting seasons? What has God taught you through them?

Reflect:
Each of these women played a crucial role in God's plan. Their faith, strength, and perseverance left lasting legacies. Use these pages to reflect on their stories and how their experiences apply to your own journey.

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